

Uganda Martyrs Catholic Community

UK AND THE REPUBLIC OF IRELAND

HAPPY YOUTH DAY

QUOTE OF THE DAY

"The tomb of Christ is famous
because of what it
DOES NOT CONTAIN."



NO PAIN, NO GAIN

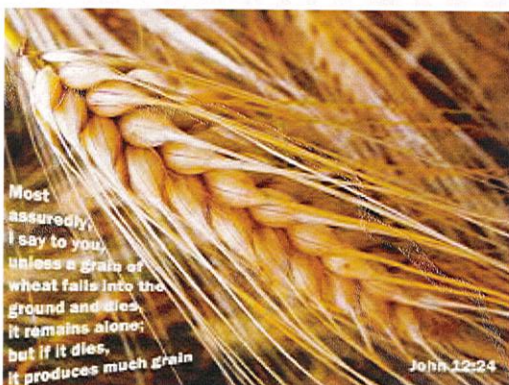
CHAPLAIN'S MESSAGE

■ Dear Brethren,

The journey of Lent is moving on into its final phase! It is a journey of dying to self, dying to sin so that new life may come forth. The journey started with a humbling experience of being signed with ashes on our foreheads to acknowledge our mortality and sorrow, at the same time making a commitment to make a new start in the life of Christ.

Those who embarked on the journey with some Lenten promise(s) or commitment(s) and have seriously been working on them must have realized that it is not so easy to die to oneself, especially if you are trying to overcome some habit! "No pain, no gain!" Spiritual growth requires effort and commitment. Those who are preparing for the London Olympic competitions can bear testimony to this as they spend endless sessions in training! Nothing worthwhile ever comes easy!

In today's gospel Jesus minces no words about it: "unless a wheat grain falls on the ground and dies, it remains only a single grain; but if it dies, it yields a rich harvest" (John 12:24).



Most assuredly, I say to you, unless a grain of wheat falls into the ground and dies, it remains alone; but if it dies, it produces much grain.

John 12:24

Lent is a time to die to our old sinful ways of life. It is a time to review and renew our relationships with God and each other. How can we rate ourselves so far? What have we done to make some spiritual progress since Ash Wednesday? What spiritual harvest can we proudly present to the Lord at the end of this holy season?

We are in the fifth week of Lent. Soon it will be Holy Week starting on Palm Sunday. We still have time to sort out something especially through prayer, charitable giving and confessing our sins in the Sacrament of Reconciliation. Please, make the effort; find the time and get on board. St. Francis of Assisi says in his peace prayer: "*it is in giving that we receive and it is in dying that we are born into eternal life.*" Let's prepare ourselves spiritually so as to gainfully share in the joys of Easter and celebrate life in the Risen Lord. I hope you will make some progress in the remaining part of the Lenten season. May I wish you all a joyful celebration of the Eastertide.

Fr. Gerard M. Babinnya
UMCC Chaplain.

Editorial



By D R Mbogga

As we come close to the time Jesus gave up his life to save us, I believe, there are things we should be doing as Christians especially those of us that have been blessed and favoured.

As Christians, we should continue doing the apostles' work of evangelisation of the Good news

The New Testament speaks of a large church in

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Jerusalem meeting together in a public space (e.g., the outer court of the temple in Acts 2:46) and in smaller groups in houses (e.g., the house of Mary, mother of Mark, in Acts 12:12). This practice must have been carried on in many cities of the Roman empire. For the most part, the church was dependent on members or supporters (patrons) who owned larger houses, providing a place for meeting.

In Rome, there are indications that early Christians met in other public spaces such as warehouses or apartment buildings. Even when there were several meeting sites in a city, the Christians had the sense of being one church.

While some of us go to elegant churches, there are people around the world that worship under trees, or half built churches. In Masaka diocese, Uganda, is a Blessed Sacrament Bwesa Catholic Parish that started as a Sub-Parish in 1978 under Kyamulibwa Parish and on 6/8/2011 it became a parish.

The Parish is located in Kalungu District, Masaka Diocese and seeks to provide worship and faith-building opportunities to Catholics throughout the community. With 559 registered families and weekly Mass attendance of about 800 people all over the parish, the parish is growing rapidly. The Parish Pastoral Council and the Parish Priest, Very Rev. Fr. Robert Kasiita are working hard to help this young parish get on its feet to help its people.

Seated in a poverty stricken countryside, Blessed Sacrament Bwesa Catholic Parish finds it very difficult to put all resources together to enable the parish get on with the daily activities.

The parish is currently fundraising to construct a house for its parish priest, finish the Church and getting water to the parish.

It is my humble request to all of you to donate generously to this church so that our people also get a chance to have a priest amidst their community all the time.

For more information or any assistance please do not hesitate to contact us.

Yours Mbogga D Richard fundraising organiser London - UK



Youth Ministry pose for a photo

I authorise Blessed Sacrament Bwesa Catholic Parish to treat this donation of as a Gift Aid

Name:

Address:

Post Code:

Telephone:

Date:

Amount (words)

Specimen

Amount

Blessed Sacrament Bwesa Catholic Parish
Kalungu District, Masaka Diocese
P.O BOX 261 Masaka, Uganda

Terms and Conditions

I authorise Blessed Sacrament Bwesa Catholic Parish to treat this donation of..... as a Gift Aid towards the development of the Parish

Email: kasiitarobert@yahoo.com / richardaisy@hotmail.com

Tel: +256772604091/ +256703503348/ +44 208 694 9055/ +44 7854 830 613

www.bwesacatholicparish.yolasite.com

Amount:

Specimen

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Mbogga D.R.
D.R Mbogga
Fundraiser London - UK

Issued By

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By Robert Colquhoun

With the [sad news](#) that television will screen pro-abortion adverts, here are 10 ways in which young people can help to end abortion and build a culture of life.

- 1/ [Pray](#), discern and ask God to show you a way that you can help to end abortion in our country.
- 2/ Read [50 ways to help unborn and their mothers by Randy Alcorn](#). Accomplish as many as you can!
- 3/ Send your Priest/Pastor or Religious leader a copy of ways that [Priests can end abortion](#) (adapt if necessary). Also see [bulletin](#) inserts, [preaching](#), [liturgy](#) and [prayers](#).
- 4/ Examine your conscience regularly on whether you are doing enough to fight abortion.
- 5/ Participate in Prayer Vigils, volunteer for pro-life organizations and go onto the streets to proclaim life! [Helpers of God's Precious Infants](#), [Good Counsel Network](#) and [SPUC](#) are good places to start.
- 6/ Get well formed with Pro-life arguments. read Randy Alcorn's [Why pro-life](#), read [quotes](#), magazine, [ending abortion mp3s](#), [ending abortion UK version as well as Priests for life](#). Know how

to articulate your beliefs to give a voice for the voiceless.

7/ Encourage and promote the work of [post abortion counselling](#) and [chastity education](#)... give a talk or provide [resources](#) for your local school or parish.

8/ Make a [film](#), tell a [story](#), tell a [personal testimony](#), tell all your friends positive and upbeat news that life begins at conception.

"I swore never to be silent whenever and wherever human beings endure suffering and humiliation. We must always take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented." Elie Wiesel

9/ Conduct [community outreach](#) - take a positive and upbeat pro-life message to all areas of the city through grass roots activism. Equip, inform, educate and inspire others to believe in a nation where no more babies die and no more women cry.

"...go out on the streets and into public places...woe to you if you do not succeed in defending life.." Pope John Paul II, World Youth Day 1993.

10/ Write to your [local community leaders](#), MPs, councillors showing how strongly you feel on the issue and what can be done to build a culture of life.

Robert Colquhoun is the founder of 40 Days for Life London, an organisation that strives to support the dignity of womanhood and the protection of the unborn. Their events have been supported in Westminster by several parishes and also Bishop Alan Hopes and Episcopal Vicar, Fr Paschal Ryan. For more information on the activities they run for young people and young adults see our [events](#) section.

Tags: [Robert Colquhoun](#); [40 Days for Life](#);

From <http://www.rcdow.org.uk/youth/blog/2012/01/24/what-young-people-can-do-to-promote-a-culture-of-life/>

WEDDING ANNIVERSARIES

Mr. John and Mrs Juliet Mutyaba (24.3.1979) = 32 years!

Ssaalongo Christopher and Nnaalongo Agnes Ssimwogerere (9.3.1992) = 19 years!

Congratulations and long live!

BIRTHDAY CELEBRATIONS

Mrs Marian Ssali (1st March)

Ssaalongo christopher Ssimwogerere (20th March)

Mrs Eva Mbogga (25th March)

Flavia Nnamakula Kibuuka (29th March)

Happy birthday to you all! enjoy life!



UMCC Chairman's Message

Dear Brethren,

A great welcome to you all. Also special welcome to all the young people and the mothers of our community. This being the celebration of the Youth Day in our community, I can't say just how fitting it is that we are jointly celebrating Mothers' Day too. Undoubtedly, we have friends joining us for the first time, and to you I extend a very warm welcome. For a change, this year we have brought forward the youth day celebrations into March. We thought it would be very fitting to celebrate with the youth while they enjoy their much deserved Easter break.

A message for the youth

In writing this message, I am very conscious about the not so good economic climate in which we now operate. And as for the youth especially of our community, this situation is even made worse by the lack of employment opportunities around. It is easy for anyone to tell you what you should and should not do, and I know that you have probably listened to all that has been said. I would like to add a simple message. Amidst all the noise and apparent despair around you, you need to listen to that inner silent voice of encouragement, and try to do the right thing. I will borrow some words from scripture where the Lord says, "**Before I formed you in the womb, I knew you**". This means you are so precious in God's eyes, and whatever may seem to happen around you, you will be ok.

How being young is good

Being young is brilliant! Now that is not to say that it does not come with its challenges. However, being young brings that feeling that you can conquer the world. I know that is a tall order, but really you can conquer "your" world. You can do anything that you put your mind to. Remember, your mind has enormous abilities, and you only need to be conscious of this power at your disposal, for you to move those mountains from your path. Use it wisely, and you will conquer your world.

What can we learn from the youth

For some of us that have passed the youthful age, there is a lot we can learn. The youth have tremendous energy and some of this can brush off onto us, who live close to this age group. Youthfulness gives hope, and anyone without hope will find it difficult to achieve anything. This hopefulness will give us that all important ingredient to enable us to carry through with in all that we put our minds to.

Some other News

On Tuesday 20 March 2012, I and two other leaders from the Gildolwa / DaudiOkello and Daniel Comboni Uganda Catholic Communities met His Lordship Bishop Alan Hopes in Kensington. The meeting was to discuss matters of joint interest to our communities. The Bishop was very pleased to see us all and he emphasised the need to work together in areas of mutual interest. Key from the meeting was the agreement to hold a joint celebration of Holy Mass as Ugandans. This will be held in September / October this year. Please watch the space for more information.

Plans are still underway to celebrate Uganda Martyrs' Day here in Archway on Sunday 3rd June 2012. We will be communicating details of these plans. We will welcome your thoughts and prayers for the success of endeavour. God Bless you all.

Robert Mukiibi

UMCC Chair – 2011/2012.

OBITUARY

Olivia Nnamakula announces the death of:

1. - Her nephew, **Patrick Lord Max Muganga** (55yrs), who died suddenly on 13th March and buried at Gitta, Kyaddondo ;
2. - As well as her **mother-in-law** who passed away on 15th March.

May they rest in eternal peace.