

No Guns No Knives



NOTICE BOARD

GET READY FOR LENT 2016

Ash Wednesday will fall on **10th February**. Plan for a deepened spirit of prayer, sacrifice and charity.

With humble and contrite hearts let us turn to the Lord and seek his mercy. May the Lord forgive us our sins.

JANUARY BIRTHDAYS

Barbara Max Kimbugwe	1st Jan
Sarah Abalo	1st Jan
James Farrell Kyazze	4th
Harriet Ssenyonjo	6th
Denise Nansumba	10th
Aldridge Ssagala	
Ssemugenyi	15th
Ivan Luwugge	15th
Dorcas Nnakiwala	16th
Gerard M. Ssekalembe	23rd
Viola Hategeka	27th
Madge Musajjakaawa	28th

**HAPPY
BIRTHDAY!**

PRAYERS FOR THE SICK

We pray for the recovery of our sick members, especially **Michael Tamale** (son of Mrs Jane Tamale) who was involved in a motor accident recently.

We remember those housebound and in hospitals and pray for God's healing.



31ST JANUARY, 2016

"In Faith We Grow"

CHAPLAIN'S MESSAGE

Dear Brethren,

THE FAMILY AS CRADLE OF LOVE

Happy New Year 2016 greetings as we celebrate our 2015 Married Couples Day. It is fitting to start this new year with such a celebration whose kernel or core is LOVE. Once love takes over, then everything runs smoothly and is destined to end well. This is the central message in today's second reading as St. Paul reflects so deeply on the theme of love, a the highest of all gifts. He says, "Love is always patient and kind; it is never jealous; love is never boastful or conceited; it is never rude or selfish; it does not take offence, and is not resentful" (**1Corinthians 12: 4-6**).

The family is indeed the first place to learn how to love, show respect and develop the basic values crucial for humanity. Where love abounds there peace, harmony, unity, justice and freedom prevail. No wonder Pope Francis has suggested the Top New Year's Resolutions and No.2 is about the family. Let's have a brief look at them.

1. Take care of your spiritual life.
 2. Take care of your family life, giving your children and loved ones not just money, but most of all your time, attention and love."
 3. Take care of your relationships with others, transforming your faith into life and action.
 4. Be careful how you speak, purify your tongue of offensive words, vulgarity, decadence.
 5. Heal wounds of the heart with the oil of forgiveness.
 6. Look after your work, doing it with enthusiasm, humility, competence, passion.
 7. Be careful of envy, lust, hatred and negative feelings that devour our interior peace.
 8. Watch out for anger that can lead to vengeance; for laziness, pointing the finger, etc.
 9. Take care of the weaker brothers and sisters, the elderly, sick, hungry, and homeless.
- The basis of all these is love. Love covers many a sin and conquers all. May our families continue to nurture all members in virtue so that God's love may grow in us. Stay blessed.

Fr. Gerard M. Balinnya

DECEMBER WEDDING ANNIVERSARIES

Mr & Mrs Rogers Kibuye	18.12.2010 =5yrs
Mr & Mrs Noah Kulwazi	19.12.2003 =12yrs
Mr & Mrs Ambrose Katende	20.12.2003 = 12yrs
Mr & Mrs J.W. Mwanje	16.12.2003 =12yrs
Mr & Mrs Fred M. Kyazze	17.12.2005 =10yrs
Mr & Mrs Daudi Mugwanya	20.12.1997 =18yrs
Mr & Mrs Deo Ssebagala	23.12.1990 =25yrs
Mr & Mrs Wilfred N. Ddamba	15.12.1990 =25yrs
Mr & Mrs Peter Ssekabira	16.12.1989 =26yrs
Mr & Mrs Roy Nsereko	02.12.1961 =54yrs

JANUARY WEDDING ANNIVERSARIES

Mr & Mrs Gerald S. Mutumba	3.1.2009 =7yrs
Mr & Mrs Henry K. Birungi	5.1.2008 =8 yrs
Mr & Mrs Leonard Ssenyonjo	6.1.2001 =15 yrs
Mr & Mrs Eugene Ntambi	9.1.1988 =28yrs
Mr & Mrs Frank Ssewaali	1.1.1980 =36yrs



Congratulations to newly-wed couple, **Mr. Michael and Mrs Gertrude Kamulegeya**, who tied the knot in Masaka Cathedral and blessed by Bishop John Baptist Kaggwa on 5 Dec. 2015. We wish them a happy marriage. (See inset, p.2).

MARRIAGE AND MERCY

Dear Friends, as we celebrate our Married Couples Day, let us focus on the theme of "mercy" during this Jubilee Year of Mercy. Pope Francis urges families to practise mercy and forgiveness. "Jesus who knows us well, teaches us a secret: 'Don't let a day end without asking forgiveness, without peace returning to our home, to our family. It is normal for husband and wife to quarrel...perhaps you were mad, perhaps plates flew, but please remember this: never let the sun go down without making peace! As the Psalmist says, the Lord is 'slow to anger, abounding in kindness.' (Psalm 103:8). Imagine if spouses were slow to anger and quick to forgive.

So please try to practise the following:

1. **Pray:** Read together with your spouse Ephesians 4:25-32, which is packed with advice for daily life.
2. **Reflect:** What are your anger 'triggers', the things that make you mad easily? Think about what might be behind them. How could you respond differently in those moments?
3. **Do:** Put the words "Slow To Anger" somewhere in your home as a reminder to be more merciful.

I believe that by following the Pope's advice we will make some improvement in our marriages. May the Lord bless our homes.

Mr. Ambrose K. Ssemakula
(Ssaabafumbo)



The Kamulegeyas

FATHER CHRISTMAS' BIG BAG

Yet again the Community pulled every resource to keep Members in the spirit of Christmas. At the December UMCC Day a new feature was added to the celebrations when Father Christmas treated all the children to GOOD-IES from his BIG bag, including liturgical and prayer captions to take home.



Our thanks go to Father Christmas (Kizito-Bukenya) and Teddy Mukiibi who put the "BIG" Bag together.

Mr. Daudi M. Mugwanya (Chairperson)

OBITUARY



January 2nd 2016 saw the passing of **Dr. Henry B. Obonyo**, his wife **Kevina**, two daughters **Marjorie** and **Eliza** in a tragic accident in Uganda. Dr. Obonyo was the first chairperson of JIDO Community.

We pray for the peaceful repose of their souls.

Bishop **BARNABAS HALEM'IMANA** Emeritus of Kabale



Born 1929, he was ordained a priest on 7 Dec. 1958. Later ordained Bishop of Kabale 1.8.1969, he resigned 15.7.1994. He died 3 Jan. 2016. May his soul rest in eternal peace.



MEMORIAL SERVICE for the late **Dr. John Owen Lubuzi Magoye** of Dublin, Ireland will be held on Sat. 27th Feb. 2016 at St. John's Church, Waterloo, Waterloo Road, London SE1 8TY at 3 pm.

Fr. JOHN STEPHEN KANYIKE, Blessed Sacrament priest who served at Kimaanya Parish, Masaka, died suddenly!



02.04.1949 - 16.01.2016

Eternal rest grant unto them, Oh Lord, and let perpetual light shine down upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.



NELSON NKALUBO, late father of Margaret Kibuuka Majwala died 21 January 2016. Our condolences to Margaret and all the Kibuuka family at their time of loss.