

No Guns No Knives



27th FEBRUARY, 2022

“In Faith We Grow”

Uganda Martyrs Catholic Community

CHAPLAIN'S MESSAGE

NOTICE BOARD

LENT 2022

**Ash Wednesday is due
2nd March 2022.**

Please plan accordingly as you die to sin and rise with Christ in victory!

FEBRUARY BIRTHDAYS

Mary Nnajjemba	1st
Olivia Nnamakula	2nd
Georgia K. Prudham	4th
Fr. Gerard Balinnya	5th
Alex William Yawe	
Kasibante	10th
Olga Christine	
Nnannyondo	11th
Catherine Mulumba	15th
Daniel M. Prudham	18th
Miriam Ssenkomago	
Akora	18th
Edita Nnabugo	18th
Rachel A. Mulira	18th

**HAPPY
BIRTHDAY!**



PRAYERS FOR THE SICK

We pray for our members, especially:

**Miss Winnie Nnantege
Mrs Theo Bengo
Ms Diana Lubowa
Ms Hilda Kitaka
Mr. Matthias Wasswa
Mr. Michael Katende
Ms Maria Ddungu, etc.**
We remember several others who are in hospitals or housebound.

May the Lord be the source of their healing and strength.

JESUS' EYE HOSPITAL

Dear Brethren,

Today we are visiting Jesus' eye hospital. In his question: "Why do you observe the splinter in your brother's eye and never notice the plank in your own?" (**Lk 6:41**). Such a person is a master in the study of splinters or specks, i.e. speckology! That person cannot notice the plank in his/her eye is suffering from a disease - 'plankitis'! 'Speckology' deals in identifying and criticising small shortcomings in others around you. Plankitis is a disease that distorts self-perception. It renders an individual incapable of recognizing personal faults!

Some people have a lot of time for gossip and idle talk. They specialize in finding people's faults and damage their reputation while overlooking their own personal weaknesses. Jesus calls them hypocrites! Jesus said: "A man's words flow out of what fills his heart" (**Lk. 6:45**). So he invites his followers to do their own soul-searching before they open their mouth to criticise others. Our words and conversations are the fruit of our tongue. They are an indication of our spiritual health. Thus Sirach, the writer of Ecclesiasticus advised: "Do not praise a man before he has spoken, since this is the test of men" (**Eccl. 27:7**).

Today there is a lot of talk, conversations, stories and the lot on social media. In all of this there are truths, half-truths, lies, gossip, smear campaigns and everything imaginable! We have to be careful how we deal with all of this information circulating around us! We must be aware of the power of our words. Jesus used words to teach, heal, comfort and bring hope and joy and restore life. He was never judgmental but his message always confronts us with the gospel truths to help us examine ourselves. May we pray for the grace to pay more attention to our own shortcomings and make an effort to improve on our spiritual health. Socrates said that we were given two ears, two eyes and only one tongue so that we should hear and see more than we speak. May the Lord bless our lips to speak gracious words. Amen

Fr. Gerard M. Balinnya

BAFUMBO DAY CELEBRATIONS - 30th January, 2022



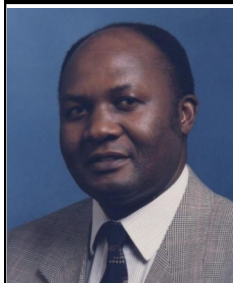
Much gratitude to Mr. Joseph Kibuuka (Ssaabafumbo), Mrs Ellen Kulwazi (Nnaabafumbo), Mrs Stacy Ssenkooba (MC) and their team, who led the Married Couples' Day celebrations last month.

May the Lord keep blessing all your marriages and families.





Congratulations to Mr. **Nicholas Muyimba Jjemba** who graduated from Queen Mary Univ. London with MSc Investment & Finance on 14.1.2022. He works with Cambridge University Trust Fund. Best wishes to him and his family.



OBITUARY

Ambassador **Joseph Tomusange**, born 26.6.1943 in Bukomansimbi, Masaka. He attended Kibanda Prim. Sch; St. Charles Lwanga SSS Kasasa; St. Mary's College, Kisubi; Univ. of E. Africa Mulago before proceeding to St. Stephen's Hospital under Chelsea and Westminster Hospital Trust. He served as ambassador to several countries including Kenya, Denmark, S. Africa and Canada. He retired in 2012 and was appointed as presidential advisor. He died of a neurological illness on **30.1.2022** at Villa Maria Hospital, Masaka. May his soul rest in peace.



OBITUARY



Mrs Anna Patrycja Nsimbe (26.7.1982– 2.2.2022) **Mr. James Mayanja** (6.8.1963-13.2.2022)

AD MEMORIAM



Ow'Ekit. Joseph Nsambu Musisi (5.5.1949 - 19.2.2021)
Mgr Charles Kato Katongole (3.6.1936- 25.2.2021)
Anthony Valentine Ssempeebwa (14.2.1962-4.2.2021)

***James Yiga** (d.13.2.2012)

***Godfrey Ssemakula** (d. Feb 2014)



Agnes Grace Nnakabugo (18.6.63 - 15.2.2017)
Mr. Sepiriano Kitegesi (1933 - 19.2.2016)
Mr. Godfrey Katamba (28.12.1978 - 14.2.2016)



Bp John Baptist Kakubi (23.9.1929 - 11.2.2015)
Mr. Joseph Simon Kalule (18.10.1967 - 3.2.2015)
Bishop Dr. Deo Byabazaire (9.9.1941 - 8.2.2014)



Roza Nnakiwala [c.90]
(d. 27.2.2000)
[Jjajja wa Fr. Gerard]

Eternal rest grant unto them, O Lord, and let perpetual light shine down upon them. May their souls and the souls of all the faithful departed through the mercy of God, rest in peace. Amen.



Dr. Simon Kagugube (7.1.1956 -15.2.2020)
Mr. Louis M. Kasolo (11.7.1932 - 26.2.2019)
Mr. John Mulo Kawere (1957 - 18.2.2019)



Mrs Salome Walusimbi Mpanga (1954 - 17.2.2019)
Fr. John V. Mugabo (12.6.1964 - 19.2.2018)
Mrs Lucy Nnakyagaba (22.11.1925 - 17.2.2018)

***Fr. Lawrence Kasule** [Kiyinda -Mityana] (d. 10.2.2014);

***Godfrey Ssemakula** (d. Feb 2014)

***James Yiga** (d.13.2.2012)

***Mrs Deborah Nnakyewe** (c/o Mr. Fred Ssemugera)

***Mrs Violet Mukasa** (c/o Ms Dora Mukasa of Waterloo). Both of the mothers passed away on 16th Feb. 2020.