

No Guns No Knives

It's a beautiful thing



NOTICE BOARD

UGANDA MARTYRS DAY

We will celebrate our patronal feast of the Uganda Martyrs on **Sun. 26th June, 2016 at 3 pm.**

Please plan accordingly and keep time.

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We are also invited to join

Croydon Catholic Community for Uganda Martyrs' Day on **Saturday 4th June, 2016** at St. Chad's, Whitworth Rd., SE25 6XN at **3.00pm.**

Then...

Okusinza mu Luganda Community at Waterloo for the Bajulizi celebration on **5th June, 2016 at 3pm.**

BIRTHDAY CELEBRATIONS

Happy birthday to all!

Georgina Nnaluyange 3rd
Francis Mpanga Gombe 4th
Nikita Tendo 09th
Joseph Gombe 17th
Kizito Bukenya 18th
Joseph Lubwa Gombe 19th
Athanasius Buwule
Kanyike 20th
Ezekiel Ssewanyana 27th
Peggy Zawedde 28th
Goretti Nnanfuka 31st

PRAYERS FOR THE SICK

***Mr. Farmer** (husband of Mrs. Rose Mistica Farmer)
***Michael Tamale** (son of Mrs Jane Tamale);
***Mrs Matovu** (Mr. Kizito Bukenya's mum);
***Mr Emmanuel** and **Mrs Costa Kyagaba** (Fr. Gerard's parents), and many others housebound or in hospital, for God's healing touch and strength.

Uganda Martyrs Catholic Community

"In Faith We Grow"

CHAPLAIN'S MESSAGE

THE EUCHARISTIC WONDER !

Dear Brethren,

Today's first reading recalls the sacrifice of the priest Melchizedek when he offered bread and wine and pronounced a blessing (Genesis 14:18-20). The second reading recounts the actions of Christ at the Last Supper when he instituted the Eucharist. Christ said, "This is my body, which is for you; do this as a memorial of me." And "this cup is the new covenant in my blood." (1 Corinthians 11:23-26). What an act of self-giving!

In the Gospel Christ does not follow the advice of the disciples to send people away to go to the villages and farms and find lodging and food. No! He insists on them staying around with him so that he, himself, would provide them with something to eat and satisfy their hunger. He expresses such compassion, care, concern and love for them. He wanted them to have life.

For me I would like to call Jesus a super "**life-ist**", i.e. a man who loved life to the full and was willing to do anything, at any cost to give life to others. This is why the Eucharist is such a unique celebration of life in all its forms and situations. Be it a Baptism, a Confirmation, a Marriage, an Ordination, a funeral, a graduation, a school opening, a memorial, etc...at all these events of life we find it fitting to celebrate the Eucharist! Isn't it that marvellous that the Eucharist is a celebration of one-size-fits-all? Amazing! And the whole purpose at each of these events is to celebrate life by participating in the mystery of the single sacrifice by which Christ saved the world.

Fr. Ronald Rolheiser says that "bread speaks of both joy and pain" because the kernels must be ground and then subjected to fire to make a loaf of bread. Likewise the grapes must be crushed and fermented before they produce wine. Wine, he says, "speaks of friendship, community, celebration, joy, recreation and victory. We celebrate everything, not least of all love, with wine." (cf. Catholic Herald, 11.7.2008, www.ronrolheiser.com).

Let's celebrate this feast of the Body and Blood of Christ with joy and hope as we participate in the mystery that brings us life and peace. Stay blessed.

Happy Corpus Christi.

Fr. Gerard M. Balinnya

WEDDING ANNIVERSARY

Mr Tony & Mrs Juliet Mukiibi 19.5.2001 = 14yrs
Mr Eliab & Mrs Annet Ssentongo 5.5.83 = 32 yrs

Mr Emmanuel & Mrs Costancia Kyagaba 25.5.46 = 70 years.

"A good marriage is one which allows for change and growth in the individual and in the way they express their love."

(Pearl Buck)

Congratulations, long live and happy marriage!



MARRIAGE BANNES

1. **Moreen Nnandegeya** (daughter of Mr. Karoli Kiwanuka Katosi of Stevenage) intends to get married to **Rhys Horsfield** at Lubaga Cathedral in August 2016. Both currently live in Surbiton, Surrey.



2. **Thereza Nnabatanzi Mukiibi** (daughter of Mr & Mrs Mukiibi) intends to get married to **Laurie Lazarus Mugagg Johnson-Matheson** in September 2016. Both live in Morden, Surrey.



If anyone knows any reason(s) impeding their marriage, please inform us accordingly. Pray for the success of their plans and preparations. Thank you.

SACRAMENTAL LIFE IN UMCC

Spring-Summer season is characterised by a series of activities to celebrate the various Sacraments. We hope the flame of faith will be kept burning all the days of your life. Here is the pictorial story as it unfolds.



(Centre L-R—Children) **Ridha, Victoria Walugembe and Kirsty Cornelia Nnakacwa** who received their First Holy Communion on 1.5.2016 at St. Stephen & St. Nicholas, Manor Park. Seen here with their family members. Congratulations!



Anthony Ssebaggala of Hatfield received his First Holy Communion on 14.5.2016 at St. Paul's Church, Hatfield. May you be continually nourished by Jesus in the Holy Eucharist. Keep the faith!



Ann-Marie Nnamugenyi (left) of Enfield was Confirmed on 14th May, 2016 at Our Lady of Mount Carmel and St. George, Enfield.

Her sister, **Olga Nnannyondo** (right), also received her First Holy Communion on 7th May, 2016 at the same church. They belong to the Ssempijja family.

We congratulate all our children who have received the various Sacraments. Thanks to the catechists and parents who are supporting them. Please keep the fire of faith alive and active.

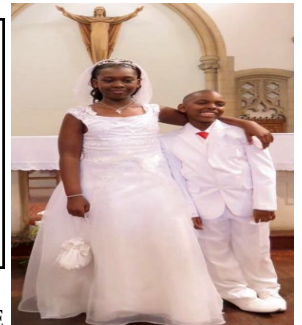


Edita Nnabugo was confirmed on 15.5.2016 at St. Augustine of Canterbury, Barkingside.



Louise and Benjamin Opio of Plaistow received their First Holy Communion on 15.5.2016 at St. Anthony's in Church, Forest Gate.

Congratulations to you!



CATECHISM MADE SIMPLE

Sacrament = an outward, visible sign of inward grace (gift) given by Jesus Christ. Example: baptism is a sacrament by which, through the visible sign of water, we are cleansed of original sin.

Eucharist = Sacrament of the most holy Body and Blood of Jesus Christ under the appearance of bread and wine. Christ feeds and nourishes our souls. We are in union with him; and hence Holy Communion. It is also the Sacrifice in which Jesus is offered up for us to his eternal Father.

Confirmation = Sacrament by which we receive the Holy Spirit to make us strong Christians and witnesses of Christ.

Gifts of the Holy Spirit = Wisdom, Understanding, Right Judgement, Courage, Knowledge, Reverence, Spirit of Wonder and Awe.



Laurie Lazarus Johnson-Matheson was baptized and confirmed on 15.5.2016 at St. Teresa's, Morden.

He is due for marriage in September 2016.

Easter celebrations on 27.3.2016

UMCC Youth put on a great Easter show. **Francis Mukiibi, Moses Mutalaga and Anna Ssempijja** did the Gospel act. **Olivia, Olga and Terry Ssebaggala** won the art competition. **Terry and Belinda Nannyimba** entertained the audience. Thanks to **Teddy Mukiibi** for organising the show. The Easter cake by **Catherine Mulumba** was a tasty treat!



Mr Kizito and Mrs Edna Bukenya as well as **Mr Godfrey and Irene Ssekisonge** celebrated their wedding anniversaries in April in great style with a boat cruise over the Thames. They treated us to some live entertainment in the hall crowned with delicious cakes on 24.4.2016. **Mr & Mrs Mugwanya** could not resist the "kinyegenyege"!

KATIKIRO CHARLES P. MAYIGA's visit in Manchester, 19th May 2016, was supported by our London Team including several UMCC members who represented us very well. Mukulikeyo nnyo!



Thanks to our representatives at Westminster for the Migrant Workers' Mass on 2.5.2016.

Prayer intention for repose of late **CHARLES MUTUMBA**, dad of Winnie Nnantege. Died 30.5.2009. Sorely missed by family & friends. Rest in peace.

**AD MEMORIAM**

Mr. JAMES KAGIMU (5.6.1948 - 20.5.2015) is remembered by family and friends, one year on! Rest in peace!



UMCC Choir and other members represented us at St. Gabriel on **Pentecost Day 15.5.2016**. It was such a great ambassadorial show. The dancers in the hall brought the celebration to an ecstatic and memorable climax. Well done to all of you! You make us so proud. Keep up the spirit.

JIMMY KASUJJA (30s), brother of Mrs



Felicity Kibuuka, died 6th May after a long illness. Sorely missed by family and friends. May his soul rest in peace.